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Melanoma Guide – Patients and Relatives  
**Ask list for the visit to the doctor**

## **F. Diagnosis: Stage III**

Dear readers,

The following are questions to ask when visiting a doctor if you have been diagnosed with stage three melanoma.

1. What criteria led to the diagnosis of stage III?
2. What are transit metastases and do I have any?
3. Do I have lymph node metastases? If so, how many lymph node stations are affected?
4. To what extent has the melanoma spread? Are other organs affected beyond the lymph nodes?
5. Will I need additional diagnostics to confirm the stage of melanoma?
6. Should I get a second opinion?
7. How do you assess my prognosis based on the current state of my melanoma; do you initiate a tumor marker analysis?
8. Do you recommend therapeutic lymph node dissection?
9. How much experience does the surgeon in charge have with lymph node dissection?
10. Do you recommend other surgical procedures?
11. Should I consider adjuvant treatments such as chemotherapy and why?
12. What are the goals of the treatment?
13. What are possible side effects of treatment?
14. Will the treatment interfere with my work?
15. Should I participate in a clinical trial?
16. Are you involved in clinical trials that are important to me?
17. Should I contact a center that conducts clinical trials?
18. Can I use other supportive or alternative therapies?
19. What kind of aftercare will I need?
20. Will I need regular imaging techniques?
21. How do you assess the risk that other family members will also develop melanoma?